

Adelaide Hills Adult Riders Policy 1.0 – Fall from Horse

Policy Title	Fall from Horse
Purpose of the Policy	As an expression of the Adelaide Hills Adult riding clubs values we are committed to providing a safe environment for our members, day members, instructors and visitors. This policy sets out the Adelaide Hills Adult riding clubs core principles in relation to the identification, and management of falls; including falls from horseback.
Policy	Any rally attendee who falls from a horse before, during or after a rally where a hit to the head has occurred and the event has been witnessed is not permitted to partake in further riding for that day while on the rally grounds.
	An incident form is to be completed and signed by the rider and a committee member.
	If the rider does not hit their head or if it is not a witnessed fall then it is up to the rider in question with a committee member to ascertain if the rider is fit enough and consequently permitted to continue with the planned rally.
	Signed documentation to reflect this decision must be included in the incident report.
	Due to the health and safety of all members, in all instances when a rally attendee falls from their horse, the horse will be removed and placed in a safe area. If time permits the horse will be unsaddled and given water.
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